

# Covid-19 disease during pregnancy: Maternal-fetal prognosis in a case at the Army Instruction Hospital-University Hospital of Parakou

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## INTRODUCTION

- ❑ **Covid-19 disease,**
- Declared a pandemic by WHO,
- Caused by severe acute respiratory syndrome,
- Severe morbidities up to 9% in pregnant women,
- High risk in parturients with covid-19 disease in labor.

## GOAL

Describe the maternal-fetal outcome of a pregnancy Covid-19 case.

## STUDY METHODS

**Study setting:** Gyneco-obstetrics department of HIA-CHU Parakou.

**Type of study:** Descriptive retrospective examination.

**Study population:** Patient with a case of Covid-19 during pregnancy

**Collection tool:** Patient's medical record

**Diagnostic technique:** Diagnosis based on criteria set by the Benin Ministry of Health

## RESULTS

Parturient 34 years old with a history of type 2 diabetes and asthma; gestity 3 parity 2 with 3 living children with Covid-19 discovered at 32ND + 1 day. Clinically she presented with acute respiratory distress. A cesarean was performed urgently with a simple operative follow-up. The premature newborn in apparent death was put on CPAP and then transferred to the neonatal ward.

## CONCLUSION

Our case provides preliminary results on the effective prevention and control of Covid-19 in pregnant women. Need for a comprehensive study on cesarean section in pregnant women with Covid-19 to better understand its impact on maternal-fetal prognosis.

## KEY WORDS

Covid-19 - Severe acute respiratory syndrome - Pregnant women - Cesarean section - Benin.